**Disc Golf Rules (1/1/20)**

**\*See League Policies for more details\***

**Course:**

* Official Course is Park Circle Disc Golf Course where all matches must take place. Both Players must play from same tee box mutually agreed upon.

**Roster Policy:**

* You Must Pay to Play.
* All players must be at least 21 years old at the start of the season.
* All players must sign the Holy City Sports League Waiver to play.
* This is an individual sport (No Teams).

**Players:**

* This is an individual Co-Ed sport.
* Both Men and Women will be competing against each other at times.
* Both Players must play from the same tee box mutually agreed upon.
* 18 Hole Match is to be played.
* **IT IS THE RESPONSIBILITY OF THE PLAYERS SCHEDULED AGAINST EACH OTHER TO COMMUNICATE A TIME TO COMPLETE THEIR MATCH FOR THAT WEEK. HCSL will assist in Coordination.**

**Forfeits:**

* If you need to forfeit a match (for whatever reason), please make sure to let us know ASAP.
* If you forfeit a match during the season, the following rules apply:

**First Offense**: Loss of game and warning issued

**Second Offense**: Loss of game and HCSL reserves the right to remove team from league.

**Rules:**

All rules are to be followed by those set forth by the [Professional Disc Golf Association](http://www.pdga.com/)

**Equipment:**

* Holy City Sports League will provide each individual with T-shirts at its first match.
* All players must wear the T-Shirt for each match.
* Players who do not wear the Holy City Sports League T-shirt will not be allowed to play (Unless a shirt is on order).
* Each Individual must provide their own Disc Golf Equipment (Including Discs).
* Players must wear footwear (Not allowed to play Barefoot).
* Players may wear glasses or contact lenses, braces, and any other safety protection at their own risk.

**Gameplay:**

* **Objective of the game**:

Disc Golf is played like traditional “ball” golf, but with flying discs instead of balls and clubs. One point (stroke) is counted each time the disc is thrown and when a penalty is incurred. The goal is to play each hole in the fewest strokes possible. The player with the lowest total strokes for the entire course wins. **18 HOLE MATCH IS TO BE PLAYED.**

* **Safety First**:

Never throw when players or park users are within range. Always give park users the right of way. Be aware of your surroundings and environment.

* **Tee Throws**:

Each hole begins with a tee throw. Tee throws must be completed within or behind the designated tee area.

* **Lie**:

The lie is the spot where the player’s previous throw has landed. Mark lie with a mini disc or turn over the thrown disc, directly towards the hole or designated fairway. The player’s subsequent throw is made from directly behind the marked lie.

* **Throwing Order**:

The player with the least amount of strokes on the previous hole is the first to tee off on the next hole. After teeing off, the player whose disc is farthest from the hole always throws first.

* **Fairway Throws**:

Fairway throws must be made from directly behind the lie. A run-up and normal follow-through, after release, is allowed, unless the lie is within 10 meters of the target. Any shot within 10 meters of the target requires that the player not move past the lie until the disc is at rest.

* **Dogleg (or Mandatory**):

A dogleg is one or more designated trees or poles in the fairway that must be passed as indicated by arrows. Until the dogleg is passed the closest foot to the dogleg must be on the lie when the disc is released.

* **Completion of the hole**:

A disc that comes to rest in the Disc Pole Hole basket or chains constitutes successful completion of that hole.

* **Unplayable Lie**:

Any disc that comes to rest above the ground is considered an unplayable lie. The disc must be thrown from the lie on the ground, directly underneath the unplayable lie, relocated to avoid damage to the vegetation.

* **Out of Bounds**:

If any area of O.B. is visible between the disc and O.B. line, then the disc is considered O.B. A throw that lands out of bounds, must be played from a point 3 feet in bounds from where the disc went out of bounds. Permanent water hazards and public roads are always out of bounds.

* **Penalties**:

Each penalty is one additional stroke added to the hole total.

**Course Courtesy**:

* Remain quiet and avoid unnecessary movements while others are throwing.
* Stand behind the player who is throwing until throw is complete
* Remove disc from Disc Pole Hole after completing the hole.
* Help new players learn the rules.
* Allow faster groups to play through when possible.
* Pick up trash and put in proper receptacles.
* Do not alter the course (trees, bushes, etc.) in any way.

**Schedules/Standings/Playoffs:**

* Schedules will be released no later than a week before the first game of the season.
* **OFFICIAL COURSE FOR THE LEAGUE IS THE PARK CIRCLE DISC GOLF COURSE. (ALL GAMES MUST BE PLAYED HERE). http://www.parkcirclediscgolf.com/**
* **IT IS THE RESPONSIBILITY OF THE PLAYERS SCHEDULED AGAINST EACH OTHER TO COMMUNICATE A TIME to play their match within that week. HCSL will assist in Coordination.**
* IT IS THE RESPONSIBILITY OF THE WINNER TO EMAIL THE RESULTS TO [holycitysportsleague@gmail.com](mailto:holycitysportsleague@gmail.com)
* The updated standings will be posted weekly.
* Playoff eligible individuals will be based on a league by league basis.
* Players that have violated the forfeit policy during the regular season may not be eligible for the playoffs. This will be determined by HCSL.
* Playoffs will be a single elimination tournament immediately following the end of the regular season.
* Playoff seeding is based off of total score from the regular season (The lower the score, the better the seed).
* It is all player’s responsibility to check the league site for scheduled regular season and playoff game times and locations.

**Officials:**All games will be self-officiated.

**Sportsmanship:**

Unsportsmanlike conduct includes the following:

* Arguing with an official, other players, or HCSL representative.
* Abusive or insulting language to a player, official, or HCSL representative.
* Throwing equipment at another player in an unsportsmanlike manner.
* Harassing others
* Acting inappropriately when challenging a refs call
* Not maintaining an attitude that is consistent with Holy City Sports League core values
* Fighting

**In the event of unsportsmanlike conduct the following penalties will be sequentially enforced:**

**1st Offense**-HCSL representative will talk with the individual and issue a warning

**2nd Offense**-HCSL representative will remove individual from the facility and issue a suspension for the next game.

**3rd Offense**-HCSL representative will remove individual from the league entirely.

**Game Cancellation Policy:**

* Games may be cancelled due to existing weather conditions, dangerous or unplayable field conditions, facility constraints, etc. HCSL will make every effort to play all scheduled games, thus we will not cancel games until absolutely necessary. HCSL will send out communication to all captains letting them know if a game is cancelled. It is still the captain’s responsibility to inform all teammates of the cancellation. If a game is cancelled on site, HCSL will attempt to contact those teams still scheduled to play the remainder of the day/night. If we do cancel, check with the league site for the following week’s schedule. In extreme circumstances, HCSL reserves the right to run a shortened season without a refund. HCSL also reserves the right to schedule games on days other than your regularly scheduled leagues day/night if necessary in conjunction with the teams.

**Alcohol/Substance Policy:**

* Alcohol and illegal substance is PROHIBITED at all facilities and during play of all Holy City Sports League events.

**Waivers:**

* In order to participate in Holy City Sports League, each participant must sign and submit to a HCSL representative the player waiver & release form no later than the first night of play. Players not present the first week of pay will still be required to submit a waiver before participating.